

Preparation for your Esophagogastroduodenoscopy (EGD)

IMPORTANT information

Please continue your daily medication regimen except for:

- Diabetic Patients:** Do not take any diabetes medication on the day of your procedure. If you have any questions, please call your prescribing provider. If you take insulin, call your prescribing provider and ask for instructions.

Please see the following if you are having a dilation, ablation (Barrx, or endoscopic mucosal resection (EMR):

- Patients on Blood Thinners: YOU MUST** check in with your prescribing physician before stopping your medication. If you are currently taking an ASPIRIN daily, do not stop. Below is a list of common blood thinners and when, with **physician approval**, to discontinue them:
 - Ticlid (ticlopidine)—stop 10 days prior to procedure
 - Effient (prasugrel)—stop 7 days prior to procedure
 - Coumadin (warfarin), Plavix (clopidogrel) or Brilinta—stop 5 days prior
 - Pradaxa (dabigatran), Eliquis (apixaban) or Xarelto (rivaroxaban)—stop 48 hours prior
- Patients on Erectile Dysfunction medication:** Viagra, Cialis, Adcirca, Sildenafil or Revatio—stop 24 hours prior.
- Patients on Appetite Suppressant medication:** phentermine (brand names Lomaira, Adipex-P; also as phentermine/topiramate in Qsymia)—stop 4 days prior to procedure.

- Please **bring a list of your current medication** to the procedure and include dosing information.
- You will be contacted by Endoscopy **one week prior** to your procedure to review important details. You will also be contacted 48 hours prior to the procedure to be given your arrival time.
- You will be fasting prior to your procedure. **Have nothing to eat or drink after MIDNIGHT the night before your procedure.** If you are taking any medications listed on page 2, start clear liquids at 1:00 PM the day before your procedure. If you have questions regarding which medications you should or should not take the morning of your procedure, please contact the prescribing provider's office. Most medications can be postponed until after your procedure is completed.
- If you **are unable to make your appointment**, please call: **603.665.2470**. New Hampshire Gastroenterology requires **72 hour notice** for cancellations, as we maintain a waiting list for these appointments. Thank you for your consideration.

Preparation for your Esophagogastroduodenoscopy (EGD)

Diabetic and Weight Loss Medications

- If you are taking the following medications, you must ensure that your procedure takes place at least eight (8) days after your most recent dose:

| Generic Drug | Brand Name |
|----------------|-------------------------|
| Dulaglutide | Trulicity |
| Exenatide (ER) | Bydureon BCise |
| Semaglutide | Ozempic, Wegovy, others |
| Tirzepatide | Mounjaro |
| Albiglutide | Tanzeum, Eperzan |

- If you are taking the following medications, it will need to be held for seven (7) days prior to your procedure:

| Generic Drug | Brand Name |
|----------------------------|------------|
| Exenatide (IR) | Byetta |
| Liraglutide (3mg) | Saxenda |
| Liraglutide (1.2mg, 1.8mg) | Victoza |
| Lixisenatide | Adlyxin |
| Semaglutide | Rybelsus |

- Please ensure you are checking your blood sugar levels at a more frequent rate while you are holding these medications.