

Where do I go for care?

ER

Emergency Room



Heart attack symptoms:
chest pain, shortness of breath, dizziness, arm or jaw pain



Stroke symptoms:
severe headache, weakness, confusion, slurred speech



Difficulty breathing:
severe respiratory distress



Head injury: loss of consciousness or while on blood thinners



Infants with fever:
under 12 weeks



Pregnancy complications



Severe allergic reactions

24hrs/7 day a week

In an emergency dial:
911

UC

Urgent Care



Sprains, strains and minor fractures



Cold or flu symptoms

Skin rashes, infections or minor wounds



Nausea, vomiting or abdominal discomfort

Urinary tract infections



Minor eye injuries, infections or irritation



Insect bites or stings



Sore throat or ear pain

Mon–Fri: 8–8 Sat–Sun: 9–5

To contact CMC Urgent Care, dial:
603.314.4567 or visit:
CatholicMedicalCenter.org/UrgentCare